

Athletics for Young People

AUTUMN/WINTER 2025/6



Newham & Essex Beagles Academy

Sunday athletics sessions for young people

These coaching sessions will provide an introduction to Track & Field Athletics, as well as try-out, in a friendly and inclusive environment, supervised by qualified Newham & Essex Beagles coaches.

Sundays 31th August 2025 – 29th March 2026*

10:00-11:30 – School years 4 to 5 (minimum 8 years of age)

11:30-13:00 – School years 6 to 11+

NB: there will be 23 Sunday sessions up until 29th March 2026, but NO sessions on Sundays 14th & 21st September, 23rd November, 21st & 28th December 2025, 4th & 18th January or 1st March 2026.



London Marathon Community Track

Marshgate Lane, Stratford, E20 2AE

Cost : £8 per child per session
(non-refundable)



in partnership with



To find out more or book a place email **beagles.academy@gmail.com**
giving your child's name, date of birth, school, year and contact details.

www.newhamandessexbeagles.co.uk