

SAL Report 2018

We had five meetings in Division 3N of the Southern Athletics League.

Despite the continued efforts of the team managers to fill Men's and Ladies' teams on the day we could just never seem to put out full teams.

We finished 14th in the Division, but we as team managers have seen a bit more enthusiasm for this League and believe with more effort we could do a lot better.

During the season there were some good performances which saw Athlete of the Match awards for Grace Jenkins, Dara Chesser, Jason Harvey, Alex Warner and Albert Reynolds.

So come on athletes – lets all get together and mount an all-out effort to move onwards and upwards in 2019.

Thanks to all athletes and officials who came out to support the team.

Tim Mundle, Leroy Gould

SAL Managers