



**Newham and Essex Beagles Athletics Club**  
**Minutes from General Committee Meeting**  
**Thursday 19<sup>th</sup> October 2023, 7pm**  
Via MS Teams

**Chair:** Rowan Griffiths (RG)

**Attendees:** E Shitta-Bey (ESB), J Neilson (JN), M Sulu (MS), N Hepburn (NH) W Bell (WB)

**Apologies:** A Strach-Kevitz (AS-K), B Wilson (BW), S Allman (SA),

### **NEB Updates**

- AGM 2023 – Date set for Monday 4<sup>th</sup> December 2023
- Club Treasurer is needed for the club to manage overall finances. We need to reach out to our wider network - suggestions of anyone that can help would be appreciated. A fixed term contract can be offered with paid expenses / monetary payment if needed **ACTION:** ESB to check with her contacts.
- A rapper has been in touch with the club with the offer of providing financial long-term support to the club. Further information will be provided once everything has been finalised.

### **Coaches Updates / Questions**

- Outstanding information needed regarding when the last Coaches meeting took place and whether there was a report provided.
- Update on new Coaches- NEB can support costs to encourage people/parents to take up the role of Coaches. Can a contract be put in place to ensure a minimum level of commitment. Two new coaching assistants have recently done the course.
- Role of Coaching Secretary- SA is considering resigning from the role of Coaching Secretary, is there anyone who would like to take on this role.
- Reward & Recognition- SA ask for outstanding performing athletes should have some form of reward and recognition.  
There is no formal process for this, but athletes can be recognised via external awards, and we can look into an internal rewards process. NEB used to have an awards evening where life membership is awarded, perhaps this can be something we can revisit at the end of 2023 **ACTION:** MS can help organise free space for an NEB event.
- Coaching Secretary should be providing a coaching plan/strategy which covers recruiting plan to get more Coaches into the club.



### NEBAC Kit

- WB states everyone needs to be in the same branded kit to avoid potential disqualification when competing in competitions.
- Reinvestment is needed for new kit.

### Fixtures

- NAL- NAL AGM due to take place on 11th Nov in Coventry. Feedback was requested at the end of the last meeting. NEBAC didn't attend the last fixture which was supported by the committee due to the £25k cost meaning we are relegated from the league.

### Website

- SA states a parent offered to assist with the club's website at the AGM last year but nothing has happened since. ESB confirmed no one had been in touch with her.
- **ACTION:** NH to contact the parent to arrange a meeting with ESB and EMT to discuss the website (online meeting has been arranged).

### Gym Use

- SA asked age range of gym use was brought up previously, is there an update?
- SA was asked to put a case forward as to why athletes younger than 16 years old should be allowed in the gym.
- LS185 have restated that athletes need to be 16 years old or above to use the gym and must be escorted by a Coach. As per original risk assessment done and signed off by LS185.
- Strength and conditioning Coach offered to help with the coaching athletes and supervising gym sessions, but paperwork has lapsed. NEBAC has offered to assist with this to get them on board.

### AOB

- **ACTION:** NH to send out role description for Treasurer with the minutes.