

YDL Managers' Reports

Upper Age Group

The UAG had a fantastic start to the season, with all the competing athletes ensuring we won the first fixture.

Credit and appreciation to all those athletes who competed throughout the season whilst juggling studies, work, and clashes of other competitions.

The team finished second out of the 6 teams in Division 1B, missing out on promotion to the Premiership.

The club UAG athlete of 2018 trophy for commitment, and leadership awarded to Mayowa Osunsami at the AGM.

Immense gratitude to all who provided invaluable officiating support, and the coaches who provide continued support.

Elyzabeth Shitta-Bey
YDL (UAG) Team Manager

Lower Age Group

After a promotion last year we were relegated this season, mostly due to the limited amount of athletes that we had who were eligible to compete. Another downside is that we do not have a level 2 field official in the club which means that we lose points.

As a club we have plenty of sprinters but anything above 800m we struggle. But this is all changing with the multi skilled athletes that have joined Coach George & Coach Carl. We even had young Louis competing in pole vault which is the first year I have seen one of athletes do this since I have been with the lower age group.

Even with these limitations the team performed to their best ability and all athletes and families had fun. I have worked hard to build a relationship with all athletes and parents in the lower age group from when they enter the club and keep in constant communication which is why we never have any athletes who just simply don't turn up when we are competing. It's nice to see the progression of the athletes especially those that have been at the club since the age of 8.

We had a few standout performances this season namely the u13 boys 4x100 relay team who have beaten the league record and went on to win their race at the London Stadium as part of the Works Champs. Very grateful to our club secretary who trusted my choices and selected the relay team that I put together this season. The relay team were chosen as this year's NEB YDL lower age athlete of the year.

Sarah Alexander
YDL (LAG) Team Manager